

ASSESSMENT

Dr Y.S Bhimji who has wide experience and all the necessary qualifications carries out the assessment.

Assessment includes both physical and psychosocial aspects and differentiates between different types of pain.

TREATMENT WITH EXPLANATION OF CONDITION AND VARIOUS MODALITIES

- (a) Medicine management with analgesics
- (b) Acupuncture
Needle acupuncture
Body/ear acupuncture
Laser acupuncture
Electro acupuncture



- (c) Electro magnetic heat treatment
- (d) Injections
Joint injections
Trigger point injections

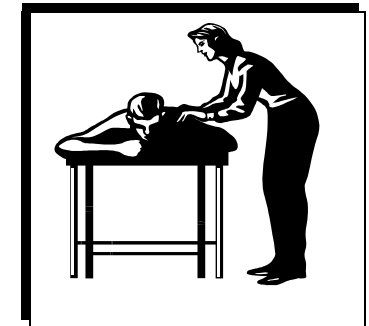
- (e) Prolotherapy
- (f) Caudal Epidural
- (g) Perifacetal Injections
- (h) Botulinum Toxin Injection
- (i) Extracorporeal Shock Wave Therapy

ESWT Swiss Dolorclast Method



- (j) TENS Trial , involving a properly conducted trial of the use of a TENS machine. (A new machine is given to the patient if the trial is successful)
- (j) TSE Trial
- (k) Mag Pulser
- (l) Diet & Exercise sessions run by a qualified trainer.

- (m) Osteopathy
- (n) Physiotherapy
- (o) Psychology
- (p) Hypnotherapy
- (q) Aromatherapy & Reflexology
These sessions are carried out by a qualified therapist using an holistic approach to pain management



- (r) Counsellor & Health Improvement Sessions These sessions are conducted by a qualified counsellor. Psychosocial issues are dealt with and increased activity encouraged.
- (s) Yoga A qualified teacher conducts these sessions.
- (t) Pain Management Programme in primary care. This service is run by a dedicated team.

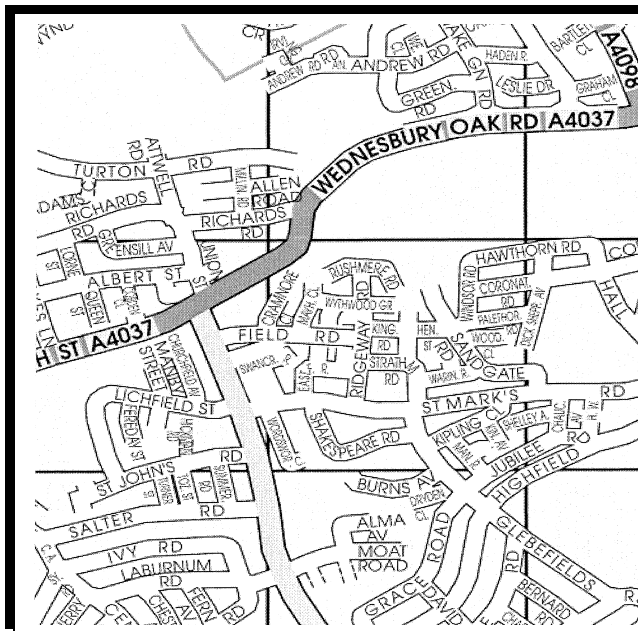
- (u) Osteoporosis Screening by ultrasound scanner which validates well with DEXA Scanning. **This service has been available at our clinic since 1997**



- (v) Ultrasound Diagnostics for muscular skeletal problems. This clinic is conducted by a visiting Consultant Radiologist.



WHERE ARE WE



The surgery is situated on the corner of Eastfield Road and St. Marks Road, Tipton

**SWANPOOL PAIN CLINIC
SWANPOOL MEDICAL CENTRE
ST MARKS ROAD
TIPTON
WEST MIDLANDS
DY4 0UB**

**TEL 0121 520 9016
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SWANPOOL PAIN CLINIC

A multidisciplinary, Tipton wide, Pain Clinic Based in Primary Care since 1997

- **Facilities**
- **Assessment**
- **Treatments**
- **Physiotherapy**
- **Aromatherapy/Reflexology**
- **Counselling /health improvement**
- **Psychology**
- **Osteopathy**
- **Diet /Exercise**
- **Yoga**
- **Screening for Osteoporosis**
- **Diagnostic Ultrasound**
- **Pain Management Programme**

**Dr Y.S. Bhimji MB,ChB, FFARCSI, DA
Diploma in Acupuncture, Member of
British Acupuncture Society, Member of
British Musculoskeletal Society, Formerly
Associate Specialist Pain Management
Dudley Group of Hospitals.**